

1. Weekly Homework (H18): Debating the 1960s

a. Reflection: **(375 words)** pages 130-161 in *Debating the 1960s*

In this reflection, your paragraph summarizing the main ideas of the reading needs to address what the author argues regarding civil rights, social order issues related to violence and cultural values, and the section entitled "Conclusion" (begins on page 158). Then, use the rest of the reflection to write about what the essay leads you to think about.

2. Metacognition Three (M3)

a. **Write a 500 word reflection** that address the following:

1. What insights have you gained as a result of taking this course? Think in terms of insights about the broader world, and yourself.

2. Think back to the goal you identified in metacognition one. How successful were you in achieving it? How/why did you make progress toward that goal? *the goal was having and making time to do all assignments*

3. What will you take from this course into your future? How will you use it in your life?

3. QUESTIONS: ONE SENTENCE ANSWERS IS FINE

- a. When and where was the Baha'i faith started and where is its world headquarters today?
- b. What is the basic theology of Baha'i? Please list the main components.
- c. What is the significance of the name Church of Jesus Christ of Latter-day Saints as it relates to the theology and beliefs of the Mormons?
- d. Please briefly describe the relationship between Wicca and the natural world.
- e. Please list the basic beliefs of the Church of Scientology and the significance of the "audit."
- f. In one sentence, please describe New Age spirituality, including a couple of its practices.
- g. In your own words, what do you perceive as the relationship between religion, spirituality, and our environment?
- h. What are your thoughts about a system of Universal Ethics?
- i. What has the traditional role of the Dalai Lama been, and how has the current Dalai Lama used his role in the world to cultivate compassion and world peace?
- j. What does "compassion" mean and what does it look like in practice?
- k. Who popularized Mindfulness in the United States, what is his system of Mindfulness training called, and what are its proven benefits?
- l. What is the relationship between the amygdala and the prefrontal cortex from a mindfulness perspective?
- m. In the practice of mindfulness, what does Awareness mean?
- n. In the practice of Mindfulness, what does Acceptance mean?
- o. In the practice of Mindfulness, what does Presence mean?

4. Museum Project

a. IN OTHER ATTACHED DOCUMENT